

## DISTRESSED/SHOCKED BABY

For baby, the gentle introduction to luscious Mum and her wondrous smells, delicious comfort and loving security has been exchanged for 'safe' birthing reasons, where if something 'goes wrong', it can apparently be instantly rectified. Few seem to realise that if they are NOT close to the medical big guns, little does go wrong, as birthing is a safe, gentle and powerful instinctual transition for both mother and baby to experience together, peacefully and without fear.

Here it is where we start seeing the consequences of living in fear of 'doing the wrong thing by baby'; listening to the ones who wish to 'improve' on nature, and following the line of 'assisting nature'. **Delivery may be done to Mum, and has every aspect of birthing naturally may have been removed from her being** - how is she, as a mammal, supposed to then take back the reins and be successful at what should be just a continuation? Mother cow/sheep wouldn't be able to. This may sound denigrating to women, but the mammalian survival programme is there so Mum doesn't feel obligated - she WANTS to be there with/for her baby.

What is SAFE about having a live baby who screams, most of the time? - a live mother who is so shattered that she mistrusts her own body's ability to nourish junior - when it did such a good job inside her? What is safe about having a generation of people who have been extracted unnaturally from their mothers, whose primal bonding experiences have been torn from them, as medical protocols and dogma have replaced the surges of oxytocin for both players that ensure both are united, and baby 'just knows', and Mum 'just knows' what to do and where to be?

**SIGNS - Baby is screaming/incessantly crying/needs holding and starts up again if put down/baby is not able to peacefully be here. (Sounds like pain? - it is at least a psychic possibly). Also see page 29.**

**Baby may have a blue line across the bridge of the nose** - and may have been born with it - pre birth trauma (possibly before Mum sees baby, occurring during the actual separation/Casaerean are common). This mark may not fade for years. It is an indication of shock deeply imprinted on the organism - and will play out in the behaviour, but is held deeply within energy patterns/the Shen.

Babies are vastly more responsive to stimuli that we no longer notice - especially the emotional undercurrents that we as adults are too civil or polite to acknowledge. This may help to explain why we see a distressed baby as 'normal' - so many of them are, and we may regard this as a new 'normal'. We may find that if baby is not settled, calm and peaceful, we can't cope, and a cycle of distress becomes a part of family life.

Prevention is the key to every aspect of this book. It is very possible to have beautiful births, with intact mothers, and settled babies. This is NOT the usual outcome by doing what is considered to be SAFE in our western societies - having a medicalised delivery. The medical focus is not on how will Mum and baby most wondrously bond and grow into their love and its potential.

These more emotive expectations are outside the realm of medical focus - live players, 'good' statistics and economic rationalism needed - BUT you have to be able to live with.