

WHAT DOES A 'SAFE' BIRTH MEAN/LOOK LIKE?

For baby, the most important thing is to safely arrive.

To be birthed BY MUM.

Not FROM Mum, Not to DAD, Not to the doctors and not to be made 'respectable'/weighed and cleaned up.

Dad is Mum's support person. It is not him whose body must shut down blood circulation and devolve a now non-nesting uterus. It is not him who is to create and exude a magical life affirming substance, unique as the next breath (lactate), and continue to be there as the baby's life support system until s/he is developed enough to take independent sustenance. It is not him whose total being is now at the disposal of another's apparent 'whim'. It is not his body that needs to know its offspring on a cellular, hormonal, mammalian level. It is not his body that is baby's sanctuary.

Bonding to Mum so that the smell of her, the touch of her - her very being, her energy and its resonance means life for baby. How dare we wash and hide the unique bonding material (Mum's blood) off baby, before allowing the formal introduction? **Stand up and fight for NATURAL to exert itself, however baby came to be born.**

Even **if Mum is unconscious** – baby needs to smell and bond with the vehicle it arrived in and will be nourished by - this is not a logical/mental process (pp 198, 201).

IMPRINTING and bonding must happen.

TO ACHIEVE THE LEAST TRAUMA FOR BABY

Mother and father
connection intact – not playing out roles. A united and bonded front AT ALL LEVELS.

Birthing environment –
Conducive to and respectful of the ability to support natural, peaceful entry into this world, for all players.

Baby allowed to unfold as nature intended.

This may explain why many couples seek out home birthing,

and why those countries who **actively support** this find the lowest birthing difficulties and the highest satisfaction rates [see p 244 (4)].

WHERE IS YOUR BIRTHING FOCUS?

'LIFE' HERE AS A
LEARNING ADVENTURE

MAXIMUM GROWTH
(accepting with grace
what is)

'LIFE' AS EXPERIENCED ONLY THROUGH
OUR PERSONALITY & EGO DESIRES

LIFE OR DEATH
Only wanting what we think we want, and holding all others accountable and 'to blame' if and when this does not happen.

What does the concept of **homebirth** bring up for you?

With a system of qualified midwives who believe birthing is a normal transition from pregnancy to lactation, a medical system that is not embroiled in demarcation disputes as to ownership of care, and a culture where it is expected that the pregnant couple greet their baby in the environment its life began, all would be well on the birthing front.

It appears in most Western countries that the medical statistics and what they mean in maternal misery, baby distress, couple catastrophes and actual post natal 'health' events are ignored in preference to medically circulated myths of danger outside a 'specialist' birthing centre, containing state of the art technology.