

# Acupuncture in Pregnancy & Childbirth

## A Weekend Seminar with Debra Betts

### March 1 & 2, 2008

#### Debra Betts

With a background in neonatal intensive care nursing Debra entered into the study of Traditional Chinese Medicine in London, graduating in 1989 from the British College of Acupuncture.

Returning to New Zealand, she started a private practice promoting acupuncture for women's health issues, with a focus on teaching support people acupuncture techniques that could be used for pain relief in labour.

In 1994 she was offered a teaching position with the New Zealand School of Acupuncture as a clinical supervisor where she continues to lecture on traditional Chinese medicine theory for first and third year students.

In 1997 she developed and ran her first specialised acupuncture course for midwives on the practical use of acupuncture for midwifery practice. Following the expanding range of pregnancy related conditions being successfully integrated into midwifery practice, further courses were developed.

In 1999 she published her first article in The Journal of Chinese Medicine to encourage the use of acupuncture in labour. This was followed by further articles on treating obstetric conditions and led to her book *The Essential Guide to Acupuncture in Pregnancy & Childbirth*.

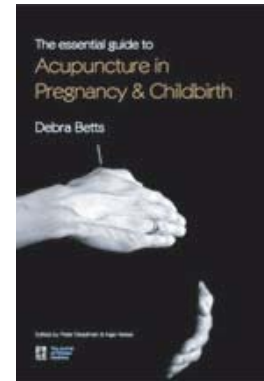
Her ongoing work with midwives led to the publication of a research paper on the use of prebirth acupuncture in the journal *Medical Acupuncture* May 2006.

She currently resides with her husband and three children in Wellington, New Zealand.

A two day workshop covering obstetric acupuncture treatment in clinical practice with Debra Betts, author of *The Essential Guide to Acupuncture in Pregnancy & Childbirth*.

This seminar will present a comprehensive and detailed approach to the treatment of women during pregnancy, prior to labour (prebirth acupuncture), during labour and post labour. Disorders and problems of pregnancy and labour will be considered from the viewpoint of both Western and Chinese medicine. The emphasis will be on treatment strategies that have been proven through extensive clinical practice, backed up by case examples.

At the end of this course participants will feel confident and competent to treat women at all stages of pregnancy.



#### Seminar Details

When: March 1 & 2, 2008

March 1: 8:30am - 5:30pm

March 2: 8:30am - 5:30pm

Where: Mount Sinai Hospital

600 University Ave.

Toronto, ON

Please note there is a large conference on the same weekend as this seminar, and little hotel vacancies... **BOOK HOTEL NOW TO AVOID DISAPPOINTMENT!**

#### For More Information:

778-861-3826 info@pro-d.ca

#### To Register:

Register for this course online at [www.pro-d.ca](http://www.pro-d.ca)



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