

# Chinese Medicine Solutions for Chronic Skin Problems

## April 29 & 30, 2006

**Robert Helmer,**  
D. TCM

Robert Helmer has extensive experience in the treatment of skin diseases using Chinese Herbal Medicine. Robert graduated from the Institute of Traditional Chinese Medicine in Toronto, Ontario, Canada. Since graduating, he has been working in private practice in Hamilton, Ontario. His post-graduate studies have included courses in the areas of children's health and dermatology. Also since graduating, his clinical experience has included four trips to China to study with famous doctors of TCM (mostly in the dermatology and paediatric departments) as well as working in the United States and Germany. Some of Robert's teachers have included Dr. David Lam, Bob Flaws, world-renowned skin specialist Mazin Al-Khafaji and Professor Yu Jing-mao. Due to his study of the Chinese language at the University of Toronto, Robert has the ability to translate Chinese medical journal articles into English. His first translated article appeared in the January 2003 issue of Blue Poppy Journal of Chinese Medicine. Since that time, he has become a regular contributor to this journal and has translated over 300 Chinese medical journal articles. The majority of these articles are in the area of children's health and dermatology. He has also authored a book on the treatment of paediatric bed-wetting that will be published by Blue Poppy Press in 2006.

Skin disorders in their various presentations are among the most common diseases suffered by mankind and account for approximately 20% of visits to doctor's offices.

Chinese Medicine is very effective in the treatment of various chronic skin diseases and yet despite this fact, many people practicing TCM do not achieve optimal results in this speciality due to lack of training and clinical experience.

### Course Overview

This course offers an overview and practical approach to understanding and treating the most prevalent dermatological diseases seen in clinic.

What you will learn in this course:

- *How to specialize in TCM dermatology?*
- *Most commonly used techniques to treat skin diseases in Chinese Medicine*
- *East vs West: when is TCM superior!*
- *Identification of various skin lesions and their meaning and significance according to TCM*

- *Most common disease cause, mechanisms, patterns and their treatment*
- *Proper diagnosis and differentiate various skin problems including psoriasis, acne and atopic eczema*
- *Detailed discussion of the TCM treatment of atopic eczema*
- *Keys to successful treatment in the West*

### Seminar Details

**When:** April 29 & 30, 2006

April 29: 9:00 am - 5:00 pm

April 30: 8:30 am - 4:30 pm

**Cost:** \$275 for two days

Students - \$185 if registered by  
April 7, 2006

**Where:** International College of  
Traditional Chinese  
Medicine (ICTCM),  
201-1508 West Broadway  
(Broadway and Granville),  
Vancouver, B.C.

### For More Information:

778-861-3826 info@pro-d.ca

### To Register:

Fax us a registration form, which  
can be found on our website.

*All prices are in Canadian dollars.*



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